

Local Life

Covering The Areas Of: Blakemere // Cuddington // Delamere Park // Hartford // Sandiway // Weaverham

HAPPY HALLOWEEN

Unique Design

BATHROOM & KITCHEN SPECIALISTS



Free flooring for new bathrooms plus 20% off labour and selected products*

*Ts & Cs apply

Providing bespoke solutions for our customers for over 15 years!

THE COMPLETE DESIGN AND INSTALLATION SERVICE FOR YOUR DREAM BATHROOM AND KITCHEN

- All building work undertaken - All electrical and plumbing work - floor and wall tiling
FREE design and planning service

Is Mobility A Problem?

- Let us alter your existing bathroom to suit your needs
- Replace your bath with a shower enclosure for easy access
- No more struggling into a bath and reduce the risk of a fall
- No need to replace your whole bathroom, we have a wide range of waterproof wall coverings to match your existing tiles
- No grout to clean for easy maintenance



01928 461 611 | www.uniquedesignuk.co.uk | info@uniquedesignuk.co.uk

Over 105



Google Reviews

**Business
For Sale**

*get in touch for
more details*

zero dry time TM

Dry Carpet, Upholstery & Hard Floor Cleaners

Dry Carpet Cleaning

Upholstery Cleaning

**Hard Floor Cleaning
& Sealing**

**Leather Cleaning &
Respraying**

**Dust-Free Wood Floor
Sanding & Refinishing**

Stain Protection

Dust Mite Removal

***IF YOU CAN WALK OR
SIT ON IT, WE CAN
CLEAN OR RESTORE IT***

- ✓ **Spot & Stain Treatments**
- ✓ **Carpets Ready Immediately**
- ✓ **Cleans & Lifts Pile**
- ✓ **Odours & Smells Removed**
- ✓ **Medical-Grade Sanitiser**



**Autumn OFFER
All Carpets 1/2
Price After First
Area**



0800 180 4925



WWW.ZERODRYTIME.COM

**Locally based family-run business. Providing excellent
service to homes & commercial clients across Cheshire.**



**Hello.
And welcome to the
October edition of
The Local Life.**

The community page has been very popular this month with a range of events for you to enjoy. Starting off with Davenham Scouts Beer Festival taking place on Friday 9th & Saturday 10th October at Davenham Cricket Club. Tickets are now on sale and can be purchased through the QR code on their advert.

Blakemere's Halloween Trail takes place from Saturday 24th October to Sunday 1st November. Enjoy the spooky trail around Blakemere Village and discover fun clues along the way. No need to book just turn up between 10am and 4pm. More information can be found on page 7.

After 9 successful years Steve Jones is looking to sell Zero Dry Time Cheshire West. The business will continue as normal over the next few months until Steve finds the right person to take over. Full training, equipment, products and vehicle are all included in the sale. If you are interested in purchasing a well established carpet and upholstery cleaning business please get in touch with Steve directly to discuss the opportunity further. Until the sale happens, he would like to reassure all customers that business will continue as normal.

Cheshire Hardware who are based at Hartford Business Centre, are offering 10% discount when you present their advert this month. They are an established door and window hardware supplier selling a range of door handles, door knobs, window fittings and all associated locks, hinges and accessories. Please see their advert for more details.

Have a great month!

*Best Wishes,
Charlie*

**THE DEADLINE DATE FOR
THE NOVEMBER EDITION
IS 16th OCTOBER**

For advertising information please
contact Charlie on:

01928 209 544

thelocallife@btinternet.com

www.thelocallifepublication.co.uk

**Some of the articles included
in this edition**

My Guinness



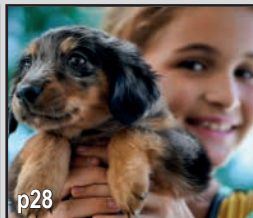
Travel In October



Pilates For Pregnancy



Children & Pets



*I am recyclable. Once you have
finished enjoying this edition, please
recycle it.*

www.thelocallifepublication.co.uk Phone: 01928 209 544 Email: thelocallife@btinternet.com

The Local Life is part of Helsby To Hand Limited. All material that is included in the magazine is copyright and no part of this publication shall be used for any other purposes without written permission from Charlie Fletcher. Please note that I do not endorse any product or service of any advertisers. All advertisements and their content are accepted in good faith.

Responsibility for the copyright and the accuracy of the information lies with the advertisers.

H & D

SATELLITE AND AERIALS

**TV Aerial / Freesat / Satellite
Installs & Repairs**

**TV System Fault Finding &
Diagnostics**

TV System Set Up

Additional Sockets

LOCAL, FRIENDLY & RELIABLE SERVICE

FOR A FREE NO OBLIGATION QUOTE, CALL
DAVE & HELEN

01606 841 432

0775 696 2878

www.hdaerials.co.uk



PRH Electrical & Handyman Services

**All forms of Domestic and
Commercial electrical work
undertaken, including PAT testing**

**Handyman / gardening services
available for all jobs, big or small**

For Friendly & Reliable Service Contact Paul:

Tel: 07867 484 254 / 01606 513256

Email: paulrhaslam@icloud.com

CAMSVAN



07854 100990

**Collections & Deliveries
Small & Medium House Moves
Caravan collection & Delivery
Motorbike & Quad Transport
Local & Nationwide**

**RELIABLE • TRUSTWORTHY
FULLY INSURED
RATED 5.0 ON GOOGLE
Cuddington Based**



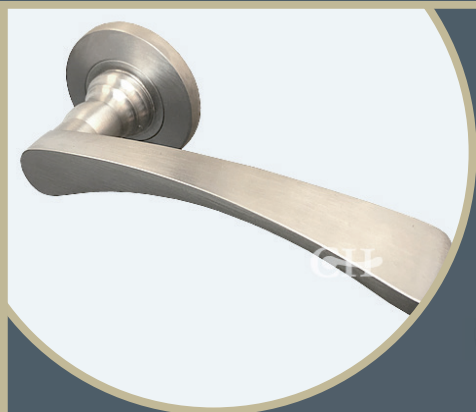
www.camsvan.co.uk

f Camsvan Man & Van Northwest



To advertise call: **01928 209 544** or email: thelocalife@btinternet.com

10% off with this advert
offer valid until 31st October

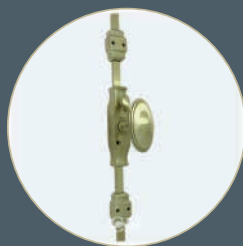


CHESHIREHARDWARE

Door Hardware of Distinction

Cheshire hardware is an established architectural door and window hardware supplier dedicated to supplying the best range of door handles, door knobs, window fittings and all associated locks, hinges and accessories available. Please call our guild of architectural ironmongers fully qualified expert staff for help with your requirements.

Door Handles - Door Knobs - Locks and Latches - Cabinet Hardware - Front Door Hardware



01606 888 520

www.cheshirehardware.com

Open to trade and the public Monday - Friday 8-5, Saturday by appointment 10-1

Cheshire Hardware Ltd, Unit 1 Hartford Business Centre, Chester Road, Hartford, Cheshire, CW8 2AB

My Goodness My Guinness

For generations, the famous 'My Goodness, My Guinness' posters have occupied a unique place in British and Irish visual culture. Even people who have never tasted a pint of Guinness are often familiar with the instantly recognisable artwork featuring toucans, ostriches, seals and other unlikely creatures interacting with the iconic stout.

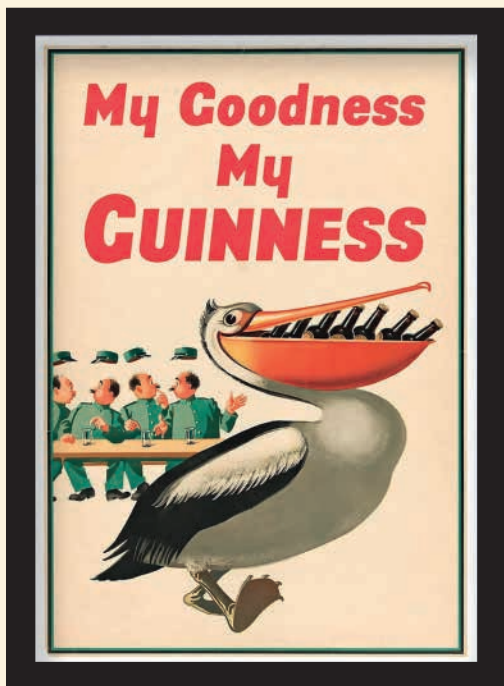
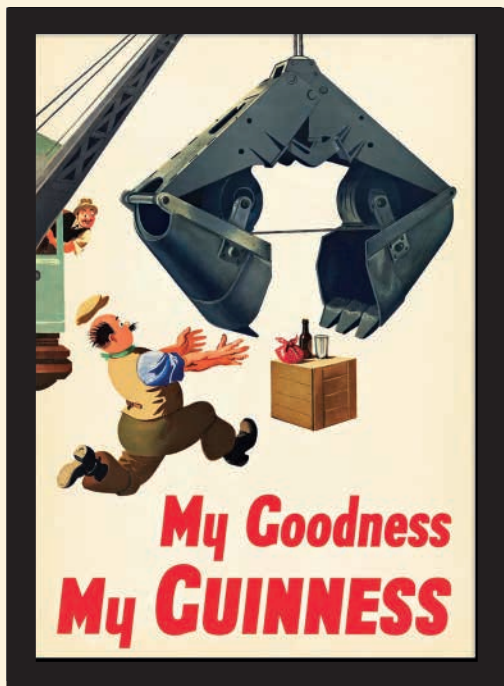
First appearing in the 1930s, the advertisements were created to be memorable, humorous and completely unlike the hard-sell marketing that was common at the time. Rather than focusing on the drink itself, the posters told playful visual stories. Animals performed impossible feats, bottles balanced precariously, and pint glasses became part of a whimsical world that appealed to adults and children alike.

Much of their enduring popularity can be credited to the work of artist John Gilroy, whose colourful illustrations transformed advertising into something closer to popular art. His cheerful creations appeared

on billboards, in newspapers, on pub walls and in print campaigns across the country. The images were simple enough to be understood instantly, yet distinctive enough to remain lodged in people's memories decades later.

What makes the posters particularly fascinating is that they transcended their original purpose. While designed to sell beer, they became cultural icons in their own right. The toucan balancing two pints on its beak became one of the most recognisable advertising characters of the 20th century, while the slogan itself entered everyday language.

Few marketing campaigns survive long after the products they promote have changed. Yet the 'My Goodness, My Guinness' collection remains as popular as ever, a reminder of a time when advertising relied on imagination, humour and memorable artwork. In doing so, they achieved something remarkable: they became bigger than the drink itself.





BLAKEMERE'S HALLOWEEN TRAIL

**SATURDAY 24TH OCTOBER TO
SUNDAY 1ST NOVEMBER 2026**

**Perfect for little monsters
aged 3-10 years.**

**Follow our spooky Halloween Trail
around Blakemere Village and
discover frightfully fun clues
along the way!**

**No need to book – simply turn up
between 10am and 4pm
during half-term.**

Blakemere Village, Sandiway

**A SPOOK-TAGULAR FAMILY DAY OUT
THIS HALLOWEEN!**

£5

**PER TRAIL MAP
complete the trail
and claim your
spooky reward!**



Scan me



Blakemerevillage.com/event/Halloween

JM MOSTON

**BESPOKE LUXURY JOINERY
& HOME RENOVATION**

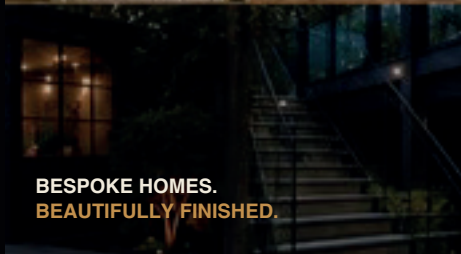
Crafted Beautifully.
BUILT PROPERLY.

KITCHENS • JOINERY • STAIRCASES
MEDIA WALLS • PANNELLING • FLOORING
RENOVATIONS • OUTDOOR LIVING

FULLY INSURED • QUALITY CRAFTSMANSHIP

JASON MOSTON
07742 266739

Frodsham • Helsby • Cheshire



**BESPOKE HOMES.
BEAUTIFULLY FINISHED.**

PLUMBER IN NORTHWICH

Contact Steven for help with...

- ✓ Leaks
- ✓ Taps
- ✓ Showers
- ✓ Sinks
- ✓ Toilets
- ✓ Radiators
- ✓ Shower Pumps
- ✓ Blockages
- ✓ Emergencies

bpec
Gas Certified

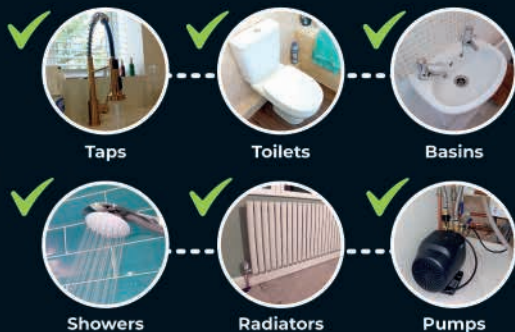


Prices from

£80



FITTING SERVICES INCLUDE...



PLUS LEAK FIXES, GENERAL PLUMBING & EMERGENCIES

- ✓ Friendly & Reliable
- ✓ Cards accepted
- ✓ 100% Local
- ✓ WILL SHOW UP

NO call centre - NO hidden charges - No sub-contractors
Speak with me directly on WhatsApp or telephone

07900 359352

PlumbingPlus.co.uk

Reliable plumbing services in Northwich & Cheshire



To advertise call: **01928 209 544** or email: **thelocalife@btinternet.com**



BUILDING • BRICKWORK • CONSTRUCTION

Professional workmanship for homes, gardens & building projects

LOCAL BUILDING & BRICKWORK SPECIALISTS

From individual brickwork jobs to larger home improvement projects, we can help bring your plans to life.



OUR SERVICES

- ✓ Home extensions & building projects
- ✓ All brickwork & re-pointing
- ✓ Garden walls & patios
- ✓ Structural alterations
- ✓ Landscaping & groundworks
- ✓ Drainage & associated works

QUALITY

Professional workmanship

RELIABLE

Straightforward local service

FREE ESTIMATES

Discuss your project

07376 350579

forest.brickwork.nw@gmail.com

FOREST BRICKWORK & CONSTRUCTION

Golden Nook Farm, Cuddington, Northwich, CW8 2DZ

www.forestbrickwork.co.uk

Cuddington • Northwich & surrounding areas



Pilates for Pregnancy

Keeping Muscles Strong

Pilates focuses on breathing, which promotes relaxation and helps activate the transversus abdominis (abs). This muscle is the deepest of the abdominal muscles and is responsible for supporting the lumbar spine and pelvic area at a time when ligaments are lax due to the natural hormone relaxin secreted by the body during the pregnancy and nursing stages. Lateral breathing, which is also part of pilates fitness exercises, improves rib cage mobility when the range of motion in the diaphragm is limited due to the high position of the baby in the third trimester. Back pain is a common side effect of pregnancy. Unless the abdominal muscles, pelvis and spine are strengthened, problems with the back can occur. Strengthening the transversus abdominis through guided pilates movements will not only improve back pain and postural alignment but could also aid women during labour for a much quicker and safer delivery. Research has shown that activation of the transversus abdominis also activates the pelvic floor, keeping these muscles strong and supple for the birthing process. This can also help with any incontinence that you may experience during and after pregnancy.

Exercise Without Stress

The nature of movement in pilates exercises is low impact and allows pregnant women to exercise effectively without experiencing any undue stress on the now lax joints or an increased heart rate. Pilates also involves many stretching and toning exercises that

help to maintain hip flexibility and stamina, which is essential for well-being and preparation for childbirth. These exercises are aided and supported by pilates apparatuses such as the reformer (a moving carriage on a bed), the wunda chair with springs to create resistance, and the trapeze table to hang from. Pilates exercises can also be performed on a mat with small props such as pillows or cushions which support the head, the magic circle, foam rollers and therabands for extra resistance. Most exercise modifications happen during the second and third trimester due to the ever-increasing belly. All pilates movements at this point are best done seated upright or lying to the side.

However, you can work laying down on your back as long as the head is elevated with pillows at 30 degrees above the heart for no longer than five minutes, turning to the side for a break. This ensures natural blood flow and oxygen to the baby. A popular exercise among pregnant pilates enthusiasts is legwork on the wunda chair. This involves sitting on a small stool with springs attached to a lever and pushing the lever down with your feet. This pilates movement provides conditioning for the legs and activation of the abdominal muscles, which stabilise the pelvis. Remember, it's very important that your pilates instructor is certified and has experience in working with pregnant women.

Visit the Pilates Foundation UK for more information and to search for a qualified instructor www.pilatesfoundation.com.

HOMESTEAD GARAGE LLP

MOT OFFER

Use this voucher to book your

MOT for **£45** with every full
service booked

Valid throughout October 2026



Full diagnostics and repairs available
on all dashboard warning lights

Tyres



MOT + Services



Repairs



Diagnostics



24/7 Recovery



Bodywork + Welding



Courtesy cars available upon request

info@homestead-garage.co.uk 01606 852288 www.homestead-garage.com
Homestead Garage, Gorstage Lane, Weaverham, Northwich, Cheshire, CW8 2ST



Atropa Cleaning Services

Regular & One-Off Cleaning

End of Tenancy Cleaning

Moving In/Out Cleaning

Commercial Cleaning

Laundry/Ironing

Carpet Cleaning

Holiday Lets

Contact us on:

01829 730969

info@atropacleaningservices.co.uk



**COMPLETE
CENTRAL
HEATING
SYSTEMS**

**COMBI
CONVERSIONS
& UNVENTED
CYLINDERS**

**BOILER REPAIRS
& SERVICING**

**FULL
BATHROOM SUITE
RENOVATIONS**

Domestic	Nat. Gas	LPG
Building Regs	✓	✓
Caravan		✓
Cooker	✓	✓
Fire	✓	✓
Gas Boiler	✓	✓
Pipe Work	✓	✓
Range Cooker	✓	✓
Unvented Cylinders	✓	✓
Vented Cylinders	✓	✓
OFTEC 101	OIL ✓	
OFTEC 105E	OIL ✓	
OFEC 600A	OIL ✓	

WRAS APPROVED

PART L ENERGY EFFICIENCY ACCREDITED

RICHARD HARDIE: 07743 026 847

E: info@hardiesgas.co.uk

W: www.hardiesgas.co.uk



HOME PRIDE / ROOFING \



Expert roofing by experienced professionals at affordable prices

WHAT WE CAN DO FOR YOU!

New roofs / Re-roofs / Roof repairs / Fibreglass Flat roofs / Lead work
/ Bitumen flat roofs / General building repairs
/ UPVC fascias, soffits & guttering

Free estimates / Free advice

All work guaranteed / Local tradesmen

24/7 emergency call-outs / Expert roofing contractors

CALL JAMES FOR A FREE QUOTE

/ 07853 101658 / 01606 537 748 /

Nutts Corner, Pingot Lane, Manley, WA6 9FA



To advertise call: **01928 209 544** or email: **thelocalife@btinternet.com**

FAMILY RUN BUSINESS • ESTABLISHED IN 1998

The **M6** Bed Warehouse

SHOWROOMS OPEN 7 DAYS

ALSAGER



NORTHWICH



MACCLESFIELD



Winner

Small NRF Retail
Champion of the Year



MACCLESFIELD STORE

OPPOSITE B&Q – SK11 6XN



ALSAGER STORE

RADWAY GREEN BUSINESS PARK - CW2 5PR



NORTHWICH STORE

WINNINGTON BUSINESS PARK - CW8 4DL

Expert Advice • Free Delivery & Free Disposal • Instore & Online

Tel: **01270 879379** • **www.m6beds.co.uk**



2026 OFFER

£50
PER APPLIANCE

NACS TRAINED AND APPROVED

CALL/WHATSAPP/EMAIL

07784 650 937

info@delamerechimneysweep.com

www.delamerechimneysweep.com



- New Consumer Units
- Security Lighting
- Re-Wires & Alterations
- Testing & Inspection
- Garden Lighting & Shed Supply
- Commercial & Domestic Work Undertaken

Excellent reviews and a high level reputation!



Contact Ray for a FREE estimate

Tel: 07403 922 547

Email: ra38electrical@gmail.com

www.raelectricalservices.net



BATHROOMS, PLUMBING & HEATING

The one stop shop for bathroom design & installation

What we offer:

Design - Supply & Fit - Fit Only - Bathrooms - Ensuites - Wet Rooms - Cloakrooms - Kitchens - Alterations & Renovations - All Aspects Of Installation Completed In House



Splash Plumbing & Heating, Kingsmead, Northwich

Contact Rob 07780 686660

For a free no obligation consultation and quote

Email: info@splashplumbingheating.co.uk

Visit: www.splashplumbingheating.co.uk

CIPHE
ciphe.org.uk

Chartered Institute of Plumbing
and Heating Engineering

MEMBER

LPB ROOF MOSS REMOVAL SERVICE



Before

- ✓ Roof Moss Removal
- ✓ Roof Tile Repairs
- ✓ Roof Treatment To Kill The Roots
- ✓ Gutter, Facia, & Soffit Cleaning/Replacements

No jet washers used!
No broken tiles!

After

CALL

TODAY FOR A FREE
NO OBLIGATION
QUOTE

01606 212023

www.northwichroofmossremoval.com

Clarity for today.

Confidence for what's next.

Tailored financial planning and wealth management,
built around what matters most to you.



FINANCIAL
PLANNING



WEALTH
MANAGEMENT



ESTATE
PLANNING

Let's start the conversation.



01606 530530



14 Warrington Rd.
Cheshire, CW8 2LJ

Scan to
find out
more



Oakmere Wealth Management Ltd is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the Group's wealth management products and services, more details of which are set out on the Group's website: www.sjp.co.uk/products. The 'St. James's Place Partnership' and the titles 'Partner' and 'Partner Practice' are marketing terms used to describe St. James's Place representatives.

SJP Approved
03/06/2026

As October arrives and the clocks prepare to go back, many people begin to notice the effects of shorter days and longer nights. While autumn and winter have plenty to offer, the change in season can affect everything from our energy levels to our mood. Fortunately, a few simple habits can help keep both body and mind in good shape throughout the darker months.

SUNLIGHT

One of the biggest challenges at this time of year is reduced exposure to sunlight. Sunlight helps our bodies produce vitamin D, which plays an important role in maintaining healthy bones, muscles and immune function. If you can't get much naturally, consider a supplement.

EXERCISE

When the weather turns colder, motivation can quickly disappear, particularly after a long day at work. A brisk daily walk, swimming, cycling or even gardening can all help keep the body active and the mind refreshed.

SLEEP

While some people find themselves naturally wanting to sleep longer in the darker months, disrupted routines and reduced daylight can affect sleep quality. Sticking to regular bedtimes, limiting screen use before bed and creating a comfortable sleeping environment can all contribute to better rest.

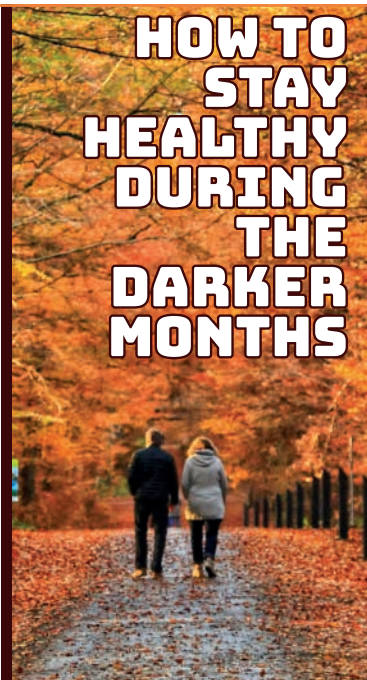
SOCIAL

Social activity should not be overlooked either. Whether it's joining a club, attending local events or simply meeting someone for a coffee, social interaction can help combat feelings of isolation during the winter period.

NUTRITION

Finally, nutrition plays a vital role in staying healthy. A balanced diet rich in fruit, vegetables, whole grains and lean proteins helps provide the nutrients the body needs to function effectively.

HOW TO STAY HEALTHY DURING THE DARKER MONTHS





Building and Roofing

LPBBuildingandroofing.com



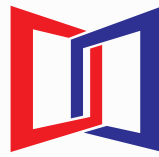
- New Builds
- Extensions
- Loft Conversions
- Garage Conversions
 - Brickwork
- All Aspects of Roofing

01606 212 023

LPBBuildingandroofing.com

northwich glass

Est. 1959



Northwich Glass, we've been trading since 1959 for a reason

Which?
Trusted Trader

iwa.biz
INDEPENDENT WARRANTY

FENSA
Registered Company

Northwich Glass Limited is registered in England and Wales No. 09881060
Trading address Leicester Street, Northwich, Cheshire CW9 5HW

A Warmer Home Starts at the Window

Improve comfort, security and energy efficiency with beautifully fitted replacement windows and doors.



**Don't
get left
in the cold,**

we insure all
our deposits and
work, to give you
peace of mind

**Contact our team for a free home survey
or visit our showroom.**

www.northwichglass.co.uk

Leicester Street, NORTHWICH, Cheshire CW9 5HW
E: sales@northwichglass.co.uk T: 01606 810000

Summer may get all the attention when it comes to holidays, but many experienced travellers will tell you that October is one of the best times of the year to pack a suitcase and head off on an adventure. With lower prices, fewer crowds and comfortable temperatures in many destinations, an autumn break can offer all the enjoyment of a summer holiday without many of the drawbacks.

For those willing to look beyond the traditional holiday season, October presents a golden opportunity to travel. As schools return, summer comes to an end and demand begins to fall, many destinations become noticeably quieter. The result is a more relaxed experience, whether you're exploring a bustling city, wandering through a coastal town or enjoying a countryside retreat.

One of the biggest advantages is often the cost. As peak-season demand disappears, hotels, holiday parks and travel providers frequently reduce their prices. This means holidaymakers can often enjoy the same accommodation and attractions they would have visited during the summer months, but at a significantly lower price. For families without school-age children, retirees or anyone with flexible annual leave, the savings can be substantial.

Then there are the crowds – or, rather, the lack of them. Popular attractions that may have been packed during July and August often become much easier to enjoy in October. Long queues are reduced, restaurants

are less busy and there is generally more space to appreciate your surroundings. Whether you're taking in historic landmarks, visiting museums or simply relaxing by the coast, a quieter atmosphere can make the whole experience far more enjoyable.

The weather can also work in travellers' favour. While the UK begins to embrace autumn, many European destinations continue to enjoy pleasantly mild conditions. Places such as Spain, Portugal, Italy and parts of France often remain warm enough for sightseeing, outdoor dining and even beach visits, but without the intense heat that can sometimes make summer travel uncomfortable. Walking tours, city breaks and outdoor activities are often much more pleasant when temperatures are moderate.

Travel itself can become easier too. Airports, train stations and roads are typically less congested once the summer rush has passed. Journeys can feel smoother and less stressful, helping travellers start their break in a more relaxed frame of mind. The same applies to many tourist destinations, where reduced visitor numbers create a calmer pace of life.

So while summer may traditionally be seen as holiday season, October has plenty to recommend it. Lower prices, lighter crowds, comfortable temperatures and easier travel all combine to create a compelling case for an autumn escape. It may just be the perfect month to discover that the best holidays happen after everyone else has gone home.

IS OCTOBER THE BEST MONTH TO TRAVEL





Collins Kitchens

Tel: 01244 728 180



Why Choose Collins Kitchens?

- 5* Rated Installation Service
- 10 Year Product Warranty
- Full Project management
- End-To-End Service
- A Smooth Process
- 100% Satisfaction Guaranteed
- Insurance Backed Warranty
- Deposit Protection Scheme

Scan the QR code to
arrange a quote



Google
5.0 ★★★★★



Chat with us and book a survey online @ www.collinskitchens.com

Tel: **01244 728 180** Email: **Phil@collinskitchens.com**

Collins Kitchens, Kingsley, Cheshire



HORNE ROOFING LTD

WHEN IT COMES TO ROOFING WE ARE ON TOP OF IT

We are Mid Cheshire based and provide quality services at competitive prices



Our experienced roofers have all aspects of roofing services covered, including:

-  Roof Repairs
-  Re Roofs
-  Flat Roofs
-  Tile & Slate Roofs
-  Lead Work
-  Agricultural Buildings



Contact us for a competitive quote Phone: 01606 889359 or 07765 373941 or Email: grhorne@hotmail.co.uk
Examples of our work in the area or testimonials can be provided

Lasting Powers of Attorneys

Ensure your wishes are honored when you can no longer express them. Without a Lasting Power of Attorney (LPA), your loved ones might face expensive delays and significant stress when handling your affairs.



Book a meeting today:



info@clwills.co.uk



01606 530322



www.clwills.co.uk





FORD SERVICE

MORE STOCK & GREAT VALUE

FOURTH
GENERATION
FAMILY BUSINESS

**YOUR NEEDS ARE
OUR PRIORITY**

- OVER 100 QUALITY USED CARS (MOST 1 OWNER)
- AUTHORISED FORD SERVICE CENTRE
- FORD DIRECT USED CAR DEALER
- MOT TESTING AND PARTS DEPARTMENT
- FINANCE FACILITIES AVAILABLE

**We remain your
trusted partner on
the road ahead**



CLIFF DICKENSON & SON

STATION ROAD • WINSFORD • CW7 3DQ
01606 592352 www.cliffdickenson.co.uk

ESTABLISHED 1927

Northridge
FINANCE

Save with Cloudy2Clear, your trusted local glazing specialists!

For over 20 years, Cloudy2Clear, a trusted family-run business, has been the UK's leading domestic glass replacement specialists, serving as your One-Stop Shop for all your glazing requirements. We take pride in generating our own leads, crafting tailored quotes, and manufacturing our own glass using only the highest-quality materials to ensure exceptional results. Unlike competitors, we never use subcontractors—our team consists entirely of skilled, in-house professionals, guaranteeing consistent quality and reliability. Every glass unit we fit comes with a 25-year guarantee, complemented by comprehensive after-sales care, providing you with lasting peace of mind.

Why opt for costly full window frame replacements that lead to unnecessary redecoration expenses? By replacing only the failed glass unit, we save you money

and minimise disruption. Join over 344,000 satisfied customers who trust our ethical, affordable service. Failed double glazing can compromise your home's protection and energy efficiency, so check your windows today to avoid future costs.

Since 2005, Cloudy2Clear has been committed to saving customers money while supporting local communities. Manager Stan Stannard explains, "Our focus is on replacing just the glass, not the entire window, which reduces costs and upheaval. As a One-Stop Shop, we manage everything—from lead generation to crafting premium glass with a 25-year guarantee and dedicated after-sales support—making us the smart, cost-effective choice in any economy."

**For a free quote, call
0800 61 21 118 or visit
www.cloudy2clear.co.uk today!**

“
*Ask me about our
fantastic Energy
Saving Glass.*
”



Have Your Windows Steamed Up?

Replace the pane, not the frame!

All glazing backed by our

**25
YEAR**
GUARANTEE

***"I really liked the fact
that they were a local
community-run business"***

Janet Beard



**We are a
Checkatrade
Member**



Get a FREE Quote

Your trusted local expert

Faulty locks, handles or hinges?



Glass, it's better when it's clear!

Priority freephone

0800 61 21 118

www.cloudy2clear.co.uk

Glass, it's better when it's clear!



OJT
TREE SERVICES

01606 350 062

**Professional tree surgeons caring for trees,
your property and the environment for
over 15 years.**

All Tree Work Undertaken • Fully Insured • Free Estimates

- Tree management planning
- Tree felling & removal
- Pruning & reduction
- Hedge cutting & removal
- Tree planting
- Deadwood removal
- Tree Preservation Order & Conservation Area applications
- Stump grinding & removal
- Dead or dangerous tree removal
- Emergency tree work
- Supply of firewood logs

Experts 
in our field.

Professional **people**
personal **service.**

OJTTREE.CO.UK | @OJTTREESERVICES



Kingsley
communications



Your Local Solution For:

- ✓ TV Aerial
- ✓ Satellite
- ✓ Wall Mounted TV
- ✓ Networks / WiFi
- ✓ Wireless Alarms
- ✓ Security cameras



CONTACT DAVE HATCHARD

01928 604014

07770 963870

Info@Kingsleycommunications.co.uk



NORTHWICH
TREE SURGERY LTD

**All aspects of tree
work undertaken**

- Professional
- Local & Reliable
- Over 15 years experience

FULLY INSURED
Qualified arborists

Call for a **FREE QUOTE**

07708 871 070

northwichtreesurgery@outlook.com

rodgers flooring&carpets

From hard flooring to plush carpets, we've got it covered!



Local, family run business.

***** HOME SELECTION SERVICE *****
FREE MEASURE & QUOTE

Specialists in Karndean, Amtico, Carpets & Vinyl
All makes supplied and fitted by our expert fitters

Furniture? - no problem Doors? - no problem

All old flooring taken away

No pressure / No nonsense!

Domestic & Commercial



104 Main Street, Frodsham, Cheshire, WA6 7AR

Tel: 01928 734545

Email: rodgerscarpets@icloud.com



They say never work with kids or animals, yet whether it's a playful puppy, a curious hamster or even a tank full of colourful fish, pets can bring far more to family life than simple companionship.

For children in particular, caring for an animal can help build confidence, responsibility and valuable life skills that last well into adulthood.

There is something magical about the relationship that develops between a child and a pet. While adults often view animals as companions, children frequently see them as friends, confidants and members of the family. As that bond grows, so too can a child's understanding of responsibility, empathy and respect for others.

Introducing a pet into the home is often one of the first opportunities a young person has to care for another living creature. Feeding, cleaning and helping to meet an animal's daily needs can teach important lessons about commitment and routine. Even simple tasks can help children appreciate that the wellbeing of a pet depends on regular care and attention.

Choosing the right animal is an important first step. Every pet has its own needs, personality and level of interaction, so it is worth considering which option best suits your family. Dogs, cats, guinea pigs, rabbits, hamsters and fish remain among the most popular choices for households with younger children.

Whatever the species, it is important that both child and pet feel comfortable with one another and can develop a positive relationship over time.

Many families find it useful to establish routines from the beginning. Creating a simple schedule for feeding, cleaning or exercise helps children understand their role while ensuring responsibilities are shared fairly across the household. Consistency can also help pets settle more quickly into their new environment.

As for the pet you choose, that's entirely up to you. Dogs are the most entertaining but take work, cats sit in a middle ground, hamsters and gerbils are largely self-sufficient, while fish are arguably the easiest of them all.

Perhaps most importantly, pets encourage interaction... even those with gills! Children often talk to animals, respond to their behaviour and learn to recognise moods and needs that cannot be expressed with words. Experts believe these experiences can help strengthen communication skills, confidence and emotional awareness in everyday life.

Of course, bringing a pet into the family should never be a rushed decision. Taking time to research, prepare and choose carefully can help ensure a happy experience for everyone involved. In many ways, that patience is the first lesson of responsible pet ownership - and one that children can benefit from long before their new companion arrives.



Children & Pets



At DU Landscaping we specialise in all aspects of landscaping from fencing and paving to full re-designs and everything in between. Call or message for a free quote



Patios - Driveways - Fencing - Decking

Composite Decking - Turfing - Artificial Grass

Pergolas - Sheds & Summerhouses - Full Re-Design

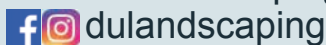


Contact Dave for a FREE quote

Email: Dave @dulandscaping.co.uk

Phone: 07557041843

Visit: www.dulandscaping.co.uk



PUZZLES

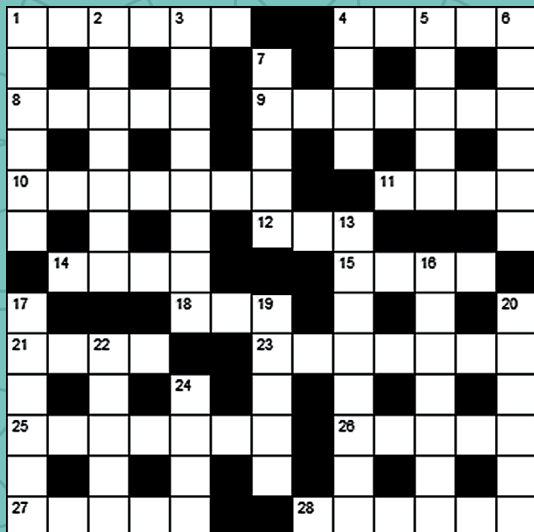
Crossword Clues

Across

- 1 Zooming dashing (6)
- 4 Pallid, milky (5)
- 8 Lur y horns (5)
- 9 Crepe (7)
- 10 Witty, pithy saying (7)
- 11 Rubber wheel-cover (4)
- 12 Ocean (3)
- 14 Broad smile (4)
- 15 Connects head and body! (4)
- 18 Space (3)
- 21 Rant, rag (4)
- 23 Soothing baby-song (7)
- 25 Were the Pope likes (7)
- 26 Spanish gentleman (5)
- 27 Sweetie on a stick (5)
- 28 Frank (6)

Down

- 1 Putrid, rancid (6)
- 2 Till-operator (7)
- 3 Facial jewellery (8)
- 4 Magic stick (4)
- 5 Country famed for pasta (5)
- 6 One more than ten (6)
- 7 Sends annoying mails (5)
- 13 Island near Wales (8)
- 16 Tethered (7)
- 17 Trek, tour (6)
- 19 Aircraft (5)
- 20 Cross-breed, half-blood (6)
- 22 Necessary (5)
- 24 Disgusting (4)



bat, boo, broomstick, cape, claws, cobweb, creepy, devil, fancy dress, fear, frighten, ghost, howl, hat, horns, horror, howl, lantern, makeup, mask, monster, moon, mummy, October, party, scared, scream, shadow, spell, spider, spooky, terror, vampire, witch, wizard, zombie



Mindbenders

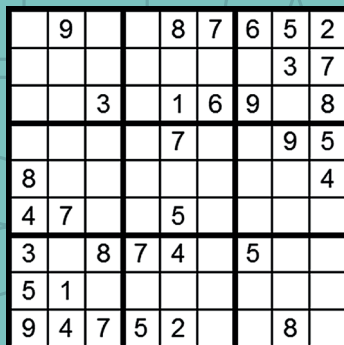
Find the three hidden film titles

A LEVEL

AUGUSTUS
TIBERIUS
CALIGULA
CLAUDIUS
NERO ←

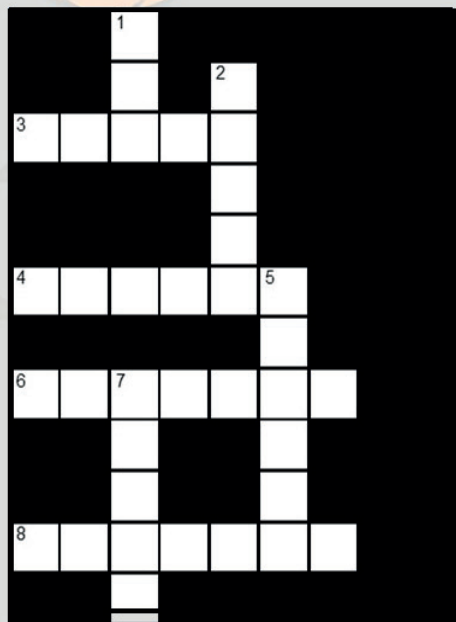
Emerald 1.609344 kilometers

Sudoku



Kids' Page

Can you solve our Spooky Picture Crossword?



Across

Down

3



1



4



2



6



5



8



7



Creepy Conundrum

My first is in wicked, and also in worst,
My second is in starving, and also in thirst.
My third is in treasure, and also in trove,
My fourth is in garlic, and also in clove.
My fifth is in healthy, but never in well,
My whole causes problems when I cast a bad spell.
What am I?



Spooky Crossword
Solution

Creepy Conundrum Solution
WITCH

Community Events & What's On....

FREE pages for charities and non-profit making organisations



Autumn Singalong with Paul & John

2-4pm Tuesday 13 October

St John's Church Hall
Norley Road
Sandiway

Tickets £5
Including tea, coffee and cake

Plus a prize raffle

Contact Julie on 07713 813147 or
socialevents.stjohnsandway@gmail.com
Pay on the door



BARDCORE BOOK CLUB

FANTASY ❖ SCI-FI ❖ HORROR

WHAT?
Excellent book chat in a relaxed and inclusive environment, good laughs, and a quiz!

WHERE?
GOBLIN COFFEE & BEER
3 Witton Walk
Northwich

WHEN?
Third Thursday of each month.
Join us from 6pm for book chat, quiz starts around 8pm

Fancy it? Come along, or reach out to us on Instagram for info:
[@BARDCOREBOOKCLUB](https://www.instagram.com/BARDCOREBOOKCLUB)



DAVENHAM SCOUTS BEER FESTIVAL

With hot food available

09 - 10 OCTOBER

ENTRANCE £5*

*plus online booking fee

FRIDAY 18:00-23:00
SATURDAY 12:00-16:00
18:00-23:00

Davenham Cricket Club
RESERVE TICKETS ONLINE

Scouts 1st Davenham

BEERFESTIVAL@DAVENHAMSCOUTS.ORG.UK
WWW.DAVENHAMSCOUTS.ORG.UK



HARTFORD CHRISTMAS FAYRE

FOOD, MUSIC, ENTERTAINMENT AND LOCAL CRAFT

28 NOVEMBER 2026

FROM 11:00 AM UNTIL 3:00 PM

Hartford, Cheshire - Various locations on Chester Road

Community Events deadline for the November edition is **16th October**

Please email Charlie - thelocalife@btinternet.com



Rightio Plumbers

01606 566 080

**We work Blakemere,
Cuddington,
Delamere Park,
Hartford, Sandiway,
Weaverham and all
surrounding areas.**

- ✓ Fast Response
- ✓ All Work Guaranteed
- ✓ Highly Experienced
- ✓ Clear Pricing

OUR SERVICES

- ✓ Boiler Breakdowns
- ✓ Boiler Servicing
- ✓ Radiators & Pipes
- ✓ Tanks & Cylinders
- ✓ Toilets & Taps
- ✓ Leaks & Bursts
- ✓ Showers
- ✓ Clearing Blockages
- ✓ Gas Safe Certified
- ✓ Pipework Replacement

▶ **12 Month** ◀
Guarantee
on labour!
Excludes blockages

▶ **OAP** ◀
Discount
Speak to
us today!

▶ **1-2 Hour** ◀
Response
time!



650921

Advertisers Index

Alarms / Security / Satellites

Kingsley Communications

H&H - Satellites and Ariels

Beds

M6 Bed Warehouse

Building / Home Improvements / Refurbishments

Cheshire Hardware

Forest Brickwork & Construction

Horne Roofing

JM Moston

LPB Building & Roofing

Car Garage / Car Services / Car Sales

Cliff Dickenson & Son's - Ford

Homestead Garage

Cleaning / Waste Removal

Atropa Cleaning Services

Delamere Chimney Sweep

Howard The Gutter Man

LPB Roof Moss Removal

Zero Dry Time

Driveways / Paving

DU Landscapes

Electrical

PRH Electrical & Handyman

RA Electrical Services

Events

Blakemere Village

Financial Advice / Mortgage Advice

Oakmere Wealth Management

Flooring / Carpets

Rodgers Flooring and Carpets

Zero Dry Time

Gardening / Landscaping / Patios / Tree Services

26 *DU Landscaping* 29

4 *Northwich Tree Surgery* 26

OJT Tree Services 25

13 *PRH Electrical & Handyman* 4

Home Interiors

5 *The Home Shop Cheshire* 36

Kitchens

22 *Collins Kitchens* 21

8 *Unique Design* 1

Plumbing / Boilers / Heating / Bathrooms

Hardies - Gas, Plumbing & Heating 12

23 *Plumbing Plus* 8

11 *Rightio Plumbing & Heating* 33

Splash - bathrooms, heating, plumbing 14

Removals / Man & Van

14 *Camsvan* 4

Roofing

15 *Delamere Chimney Sweep* 14

2 *Home Pride Roofing* 12

Horne Roofing 22

29 *LPB Building & Roofing* 17

LPB Roof Moss Removal 15

Will Writing / Family Research

14 *CL Wills & Estate Planning* 22

Windows / Doors / Glass / Guttering

7 *Cheshire Hardware* 5

Cloudy 2 Clear 24

16 *Howard The Gutter Man* 35

Northwich Glass 18 & 19

27

2



P U Z Z L E
S O L U T I O N S

Crossword

R	A	C	I	N	G		W	H	I	T	E
O	A		O		S		A	T		L	
T	U	S	K	S		P	A	N	C	A	K
T	H	E		A		D		L		V	
E	P	I	G	R	A	M		T	Y	R	E
N	E		I		S	E	A			N	
	G	R	I	N				N	E	C	K
T		G	A	P		G		H		H	
R	A	V	E		L	U	L	L	A	B	
A	I		I		A		E		I	B	
V	A	T	I	C	A	N		S	E	N	O
E	A		K		E		E		E		I
L	O	L	L				C	A	N	D	I

Sudoku

1	9	4	3	8	7	6	5	2
2	8	6	4	9	5	1	3	7
7	5	3	2	1	6	9	4	8
6	3	1	8	7	4	2	9	5
8	2	5	9	6	3	7	1	4
4	7	9	1	5	2	8	6	3
3	6	8	7	4	9	5	2	1
5	1	2	6	3	8	4	7	9
9	4	7	5	2	1	3	8	6

Mind Benders

1. All About Eve
2. The Last Emperor
3. The Green Mile

Word Search

S	V	L	A	N	T	E	R	N	S	P	O	O	K	Y
P	U	H	O	L	S	E	B	C	R	E	E	P	Y	T
E	H	O		S	I	M	M	S	N	A	U	A	G	S
L	M	R	N	B	S	Z	U	E	C	E	S	R	H	S
L	C	R	M	F	W	C	T	M	K	R	S	T	O	B
B	O	O	F	S	W	H	A	A	M	S	E	Y	S	R
H	Z	H	W	A	G	I	M	R	F	Y	H	A	T	O
M	O	A	G	I	N	Z	F	E	T	S	N	M	O	
M	L	C	R	V	E	C	Q	A	A	D	H	R	K	M
C	O	E	T	O	Z	O	Y	B	R	A	F	F	S	
Z	A	N	I	O	Z	B	J	O	D	D	S	G	T	
H	P	P	S	K	B	W	T	E	R	R	O	R	H	I
O	S	G	E	T	R	E	L	V	V	E	W	A	O	C
W	I	T	C	H	E	B	R	I	M	A	S	K	U	K
L	V	A	M	P	I	R	E	L	D	C	D	S	L	Y



HOWARD THE GUTTER MAN

RAIN , SLEET  OR SNOW , GUTTERS MUST FLOW!

**CLEANING AND SEALING LEAKY
GUTTERS**

**FROM
£40**



- ✓ FITTERS OF UPVC Fascia, Soffits And Guttering
- ✓ ALL ROOFING WORK UNDERTAKEN
- ✓ GRP fibreglass flat roofing system
- ✓ Firestone rubber cover
- ✓ Exterior painting

**DRIVEWAYS CLEANED
& SEALED**

**FROM
£260**

**ROOFS CLEANED
& SEALED**

**FROM
£750**

**IMPRINTED CONCRETE DRIVEWAYS CLEANED, RE-COLOURED & SEALED.
APPLY RHINO GRIT FOR NON-SLIP IF REQUIRED.
WIDE RANGE OF COLOURS AVAILABLE.**

**FROM
£300**



No deposits, no part payments, you only pay when the job is complete to your satisfaction

**FOR A FRIENDLY RELIABLE
SERVICE OR ANY ADVICE....**

- ✓ **DRY VERGE TILE
PROTECTION
SYSTEMS**
(£7.99 per cap)

- ✓ **FREE QUOTES**



CALL NOW: 07787 072 865

EMAIL NOW:

howardthegutterman@gmail.com

VISIT NOW:

www.hupvcfitters.co.uk

Find us on Facebook Howard The Gutter Man

The HOME Shop

CHESHIRE

‘Great Value’ ● ‘Beautiful Shop’



20% Off ALL CURTAINS

With this advert - offer ends 31st of October

Blakemere Village - Northwich - CW8 2EB | Open 7 days a week